



Where kids become extraordinary™
 (858) 578 - FLIP (3547)

Want to enroll in classes?
 First you MUST register with us at:

www.flipforcesandiego.com

9282 Miramar Road, San Diego, CA 92126

info@flipforcesandiego.com

REGISTRATION

Annual Membership \$46.00

CLASS FEES

Hrs/Week	Monthly Tuition
45 min	\$78/month
1hr	\$92/month
1.5hrs	\$125/month
2hrs	\$157/month
2.5hrs	\$176/month
3hrs	\$194/month
3.5 hrs	\$204/month
4hrs	\$214/month
4.5 hrs	\$220/month
5hrs	\$228/month
5.5 hrs	\$234/month
6hrs	\$240/month
7hrs	\$261/month
8+hrs	\$287/month

DROP IN RATES

- 45 MIN Class - \$23.00
- 1 HOUR Class - \$28.00
- 1.5 HOUR Class - \$37.00
- 2 HOUR Class - \$42.00

- Must call in advance for drop in enrollment -

OPEN GYM - ALL AGES

Friday 6:30pm-8:30pm
 Saturday 11:00am-1:00pm
 \$10.00 Members (Per Hour)
 \$15.00 - Non-Members (Per Hour)

ADULT OPEN GYM - 12+

Monday/Wednesday 8:00pm-9:30pm
 \$12.00

PARENTS NIGHT OUT-ALL AGES

1st Friday of Every Month 6:30-10:00pm
 \$25 Members / \$30 Non-Members
 Pizza and Drinks Included!

PARENT'S NIGHT OUT

\$25 Members / \$30 Non-Members

Private Lessons Suggested Rate

prices per Student - varies by coach

Student: 30min-\$30-45 45min-\$45-60 1hr-\$60-90

Students: 30min-\$25-30 45min-\$30-45 1hr-\$45-60

Students: 30min-\$20-25 45min-\$25-35 1hr-\$30-40

Birthday Parties

\$75.00 deposit & availability can reserve a BDAY Party with us

Get an hour of play and 30 minutes of food/party time!!

Available Saturday afternoons - Book Online!

TRAMPOLINE & TUMBLING	DAY	TIME
Mommy and Me (18 mos - 3 yrs)	Tues, Thu	10:30am*
	Wed	4:30pm
TnT Preschool (3 to 4 yrs)	Tues, Thu	10:30am*
	Sat	9:00am* 10:00am*
TNT Rec	M T W Th F	4:30pm
	Mon, Wed, Fri	5:30pm
	Sat	9:00am 10:00am
Pre-Team	Mon, Wed	4:30pm**
	Mon, Wed	6:00pm+
TnT Team	Tues, Thu	5:30pm+
	Sat	9:00am+
Non-Competitive Adv. TNT	Wed	6:00pm+
	Fri	4:30pm+
Home School TNT	Mon, Thurs	11:30am
Trampoline Movement (for children with special needs)	Mon	3:30pm
Tramp Wall Class	Fri	5:30pm

CHEERLEADING (ages 5 +)	DAY	TIME
cheer@flipforcesandiego.com		
Cheer Prep	Mon	7:00pm**
Beginners Tumbling (Level 1)	Mon	5:00pm
Intermediate Tumbling (Level 2)	Thu	7:00pm
Int/Adv Tumbling (Level 3)	Mon	4:00pm
Adv Tumbling (Level 4/5)	Tues	5:00pm

PARKOUR	DAY	TIME
	Mon	5:30pm
Beginners (7 - 12yrs)	Tues, Thu	4:30pm
	Fri	5:30pm
	Sat	9:00am
	Mon	4:30pm
Intermediate (13 - 17yrs)	Tues, Thu	5:30pm
	Fri	4:30pm
	Sat	10:00am
Advanced (13 - 17yrs) (Invite Only)	Tues	6:30pm**
	Sat	10:00am
Advanced/Adult (13 - 17yrs+)	Mon	6:30pm**
Flips and Tricks	Thurs	6:30pm
Home School Parkour	Mon	10:30am
	Mon, Thu	11:30am

CIRQUE (ages 5 +)	DAY	TIME
Beginner Cirque	Fri	5:30pm
	Sat	9:00am
Int/Adv Cirque	Sat	10:00am
Homeschool Cirque	Mon	10:30am

ACRO GYMNASTICS (ages 5 +)	DAY	TIME
acro@flipforcesandiego.com		
Acro Hand Balancing & Flexibility	Mon	4:30pm 3
Acro Pre-Team	Tues	4:30pm**
Acro Team (Level 5-7)	Tues, Thu	4:30pm++
Acro Team (Level 8+)	Tues, Wed, Thurs	5:30pm++
	Sat	8:00am

*45 min / **90 min / +2hr / ++ 3hr